



Yarra Bend Junior Golf

EVERYTHING YOU NEED TO KNOW

Term 1 Wednesday Schedule

Combined Beginner Cyclone/Smash Class –
5:00pm to 6:00pm

Week	Wednesday	Location
1	February 6 th	Yarra Bend Golf
2	February 13 th	Yarra Bend Golf
3	February 20 th	Yarra Bend Golf
4	February 27 th	Latrobe Golf Club
5	March 6 th	Yarra Bend Golf
6	March 13 th	Yarra Bend Golf
7	March 20 th	Latrobe Golf Club
8	March 27 th	Yarra Bend Golf

Term 1-SaturdaySchedule

Week / Date	Cyclone 9:30am – 10:30am	Advanced Cyclone 10:30am – 11:30am	Smash 11:30am – 1:00pm	Wave 1:00pm to 2:30pm
Week 1 – February 2 nd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 2 – February 9 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 3 – February 16 th	Latrobe Golf Club 9:30am	Latrobe Golf Club 10:30am	Latrobe Golf Club 11:30pm	Yarra Bend Golf
Week 4 – February 23 rd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Latrobe Golf Club 4:00pm
Week 5 – March 2 nd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 6 – March 9 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 7 – March 16 th	Latrobe Golf Club 9:30am	Latrobe Golf Club 10:30am	Latrobe Golf Club 4pm	Yarra Bend Golf
Week 8 – March 23 rd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Latrobe Golf Club 4:00pm

Term 1-Sunday Schedule

Week / Date	Cyclone 9:30am – 10:30am	Advanced Cyclone 10:30am – 11:30am	Smash 11:30am – 1:00pm	Wave 1:00pm to 2:30pm
Week 1 – February 3 rd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 2 – February 10 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 3 – February 17 th	Latrobe Golf Club 9:30am	Latrobe Golf Club 10:30am	Latrobe Golf Club 4:00pm	Latrobe Golf Club 4:00pm
Week 4 – February 24 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 5 – March 3 rd	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 6 – March 10 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 7 – March 17 th	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf	Yarra Bend Golf
Week 8 – March 24 th	Latrobe Golf Club 9:30am	Latrobe Golf Club 10:30am	Latrobe Golf Club 4:00pm	Latrobe Golf Club 4pm

Cyclone – 5 to 8 year olds

Golf Fundamentals are learned via a series of skill progressions that break each one down into easy to understand chunks. We understand that young children take time to master new skills, so each fundamental is taught for four weeks in order to give your child enough time to develop the skill being learned. In addition, we create a learning environment that encourages exploration and creativity - critical elements in the process of motor learning.

It is easier for any child to learn golf fundamentals if they are athletic. Once enrolled in our program, your child's athletic foundation will be assessed and further developed, with athletic training being incorporated into every session.

Development of Fundamental Movement Skills is the focus of our Cyclone Program. This athletic foundation will also enhance the ability of your child in other sports they play.

SMASH – 9 to 12 year olds

It continues to develop the athletic foundation required to play golf well. From a growth and maturation point of view, these years are a great time to learn new skills and the program reflects this with a heavy focus on refining existing golf skills and developing new ones.

Athletic Development focuses on learning Fundamental Sports Skills. The combination of Fundamental Movement Skills (developed in the Cyclone program) and Fundamental Sports Skills is called 'Physical Literacy'. Physical Literacy is the athletic foundation that underpins success in any sport (including golf) and our goal is to have achieved it, along with highly developed golf skills by the onset of your child's growth spurt.

Wave – 13 to 17 year olds

The Wave Program takes into account the challenges encountered during what can be one of the most difficult times in a junior golfer's life - dealing with their major growth spurt.

Whilst the program continues to further develop all golf fundamentals, it has a particular focus on developing all the skills required to shoot lower scores. It teaches shotmaking skills such as trajectory and flight control, develops course strategy, game management, and introduces tournament preparation skills.

There is also a focus on teaching effective practice, analysing competition performance, and basic mental skills.

Athletic development takes advantage of a number of training factors that are highly trainable at this time. Speed, Stamina, Suppleness, Strength, and 3D Integration are all trained and developed as part of our Wave Program.

Junior Program Curriculum

Each class covers a combination of golf and physical training.

GOLF

Technique, skills, and games are conducted on the driving range, short game area, and putting green. We cover driving, fairway shots, irons, short shots, chipping, and putting. Each class has 2 golf stations and within those stations we run 2 themes. Themes are repeated for a 4 week cycle to help students master those basics before more advanced themes are introduced.

PHYSICAL TRAINING

The physical stations are conducted by a sports trainer, with expertise in advanced golf development. Physical development is crucial in the development of students sports skills. We endeavour to create excellent athletes in our pursuit to grow the game of golf.

Grading

As students cycle through the curriculum there is a requirement to 'Grade'. These testing days are run twice per year. (It is very similar to the Karate/Martial arts belt system.)

To progress, juniors will have to pass fun, age appropriate tests that examine their ability to execute the basic golf and athletic skills they have learned.

Students attempt various skills and are rewarded points as they complete the station. The points add up to a grading level and if they are successful, students are rewarded with their new badge. The badge represents their skill level and subsequent curriculum they will be taught for the next two terms.

ie: Children in the Advanced Cyclone program have graded up from the Cyclone program.

FAQ

➤ **What is the student to coach ratio?**

The student/coach ratio is always 1 coach to 6 students.

➤ **What if my child misses a class?**

Make up classes are scheduled for week 9 of the term and students can use this class if they have missed a previous class for any reason or if a scheduled class was washed out.

➤ **How do I know when the class is at Latrobe Golf Club?**

The coordinator regularly notifies parents of any special information, upcoming dates, and activities via email or through our app training space and forum TeamApp

➤ **Does my child need golf equipment?**

We provide all golfing equipment required, however if your child does have golfing equipment – they are highly encouraged to bring it along.

➤ **What does my child wear?**

Something comfortable that your child can run around in. Runners or golf shoes are fine.

➤ **Can my child try a class to see if they like it?**

Students are always welcome to try out a class for free to see if they like it. Additionally, students **do not** have to wait until the term starts to join in. They are more than welcome to start in the middle of term and we will adjust the price accordingly.

➤ **What class do I book my child into?**

If your child is a new student, please book them into the appropriate age class. I.e: If your child is 7, please book them into Cyclone. Your child is assessed at their first lesson and the instructor will move them up into another class if required.

*Please direct any other questions to James Hartley – Junior Golf Coordinator. **Mobile:** 0402 642 671 **Email:** juniorprogram@yarrabendgolf.com*

Termly Fees

All term fees are to be paid on the first day of term. Fees include all administration, Yarra Bend cap and badges, grading, and Latrobe Golf Course fees.

New students will be charged the new student rate for their first term only and then the returning student fees for all subsequent terms.

CYCLONE:

New student - \$255.00

Returning student - \$235.00 per term

SMASH/WAVE:

New student - \$330.00

Returning student - \$310.00 per term

Sibling Discount: Siblings receive 10% off term fees for the 2nd child. 3rd child is completely free.



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